

## Unilever Nutrition Criteria (2018)

All values presented are maximum levels unless otherwise stated

PRODUCT GROUP	ENERGY	SODIUM	SATURATED FAT	SUGARS	TRANS FAT from PHVO
Spreads and Cooking Products	NA	720 mg/100g or 1.6 mg/kcal	33 % tot fat tropical spreads 38 % tot fat <sup>1</sup>	NA	≤1 g/100g
Emulsion-based sauces	NA	1080 mg/100g mustards 3500 mg/100g	33 % tot fat	25 %en total sugars	
Water-based sauces	NA	1080 mg/100g	NA	7 g added sugar/100g	
Dairy cream alternatives	NA	100 mg/100g	2 g/100g	7 g added sugar/100g	
Cream cheese	NA	900 mg/100g	15 g/100g	NA	
Main dishes	NA	300 mg/100g	13 %en	NA	
Side dishes	NA	250 mg/100g	NA	NA	
Processed meat	NA	800 mg/100g	13 %en	NA	
Processed fish	NA	800 mg/100g	33 % tot fat	NA	
Meal sauces	NA	540 mg/100g	2 g/100g	NA	
Bread	NA	375 mg/100g	NA	NA	
Breakfast cereals	NA	375 mg/100g	NA	28 g added sugars/100g	
Small meals	NA	300 mg/100g	13 %en	NA	
Seasonings	NA	360 mg/100g	NA	NA	
Soups & Bouillons	NA	360 mg/100g	2 g/100g	NA	
Ice cream & Water ices	110 kcal/serve	NA	3 g/serve	20 g added sugars/100g or 12 g total sugar/serve	
Savoury snacks	110 kcal/serve	100 mg/100g or 1.6 mg/kcal	13 %en	NA	
Sweet snacks	110 kcal/serve	100 mg/100g or 1.6 mg/kcal	13 %en	20 g added sugars/100g	
Beverages	NA	NA	NA	7 g added sugars/100g	
All other products	NA	100 mg/100g, or 1.6 mg/kcal	2 g/100g, or 33 % tot fat, or 13 %en	7 g added sugars/100g, or 25 %en total sugars	

<sup>1</sup> Spreads sold in tropical areas, without chilled distribution