Our Nutrition Publications 2011 - 2019

We believe that the nutrition we promote through our brands and products is based on sound, scientific evidence. This is why we actively conduct scientific research, perform reviews and publish in peer-reviewed publications.

The list below is an example of the work we have performed and published, mostly in the context of collaborations with leading academic groups, since 2011.

2011


17. Let’s put claims in the right context. Comment on “Satiety. No way to slim”. Mela DJ Appetite 2011; 57: 774-777


25. Length and site of small intestine exposed to fat influences hunger and food intake. PWJ Maljaars, HPF Peters, A Kodde, M Geraedts, FJ Troost, E Haddeman, AAM; Masclee. Br J Nutr June 7 2011; advanced online publication doi:10.1017/S0007114511002054


2012

1. Triterpenic Acids Present in Hawthorn Lower Plasma Cholesterol by Inhibiting Intestinal ACAT


2013


13. R.S. Newson, I. Elmadfa, Gy. Biro, Y. Cheng, V. Prakash, P. Rust, M. Barna, R. Lion, G.W. Meijer,

15. SHAFIQUIL A. SARKER, MARTIN JÄKEL, SHAMIMA SULTANA, NUR H. ALAM, PRADIP K. BARDHAN, MOHAMMOD J. CHISTI, MOHAMMED A. SALAM, WINFRIED THEIS, LENNART HAMMARSTRÖM, and LEON G. J. FRENKEN. *Anti-Rotavirus Protein Reduces Stool Output in Infants With Diarrhea: A Randomized Placebo-Controlled Trial*. GASTROENTEROLOGY 2013;145:740–748


2014


20. Murray K, Placidi E, Schuring EAH, Hoad CL, Koppenol W, Arnaudov L, Blom WAM, Pritchard SE, Stoyanov SD, Gowland PA, Spiller RC, Peters HPF and Marciani L. Aerated drinks increase...

2015


2016


Mediated Dilatation Counteracting Deleterious Effects from a Fat Load in Hypertensive Patients: A Randomized Controlled Study. Nutrients. 8(11), E727.


2017


2018


8. Elke A. Trautwein, Wieneke P. Koppenol, Arienne de Jong, Harry Hiemstra, Mario A. Vermeer, Manny Noakes and Natalie D. Luscombe–Marsh (2018) Plant sterols lower LDL-cholesterol and triglycerides in dyslipidemic individuals with or at risk of developing type 2 diabetes; a randomized, double-blind, placebo-controlled study Nutr Diab 8:30


2019


Upfield (spreads related) publications*
with contributions made by at least one of the authors who was employed by Unilever R&D at the time the study was conducted. Upfield is divested from Unilever and operating as a separate spreads business since 2 July 2018.


2020


Upfield (spreads related) publications*

* with contributions made by at least one of the authors who was employed by Unilever R&D at the time the study was conducted. Upfield is divested from Unilever and operating as a separate spreads business since 2 July 2018.